

## **What Our Patients Are Saying About Tulsa Natural Health Clinic**

### **Julie VanDeburgh**

Dr Paul Harris is a dedicated doctor. He's highly intelligent, very friendly and professional. He believes in treating the whole human--not just the body part(s) causing the problems. I've taken my son with autism to him for many years with amazing results. My husband is now seeing him, and we have high expectations for better health for him too. Dr. Harris is a man of deep Christian convictions and knows Who ultimately provides healing for the body. I would recommend Dr. Harris to anybody of any age with any ailment. My other recommendation would be to visit his office BEFORE seeing any other physicians.

### **Jessica Fletcher**

In August of 2016, I had gotten terribly sick. I continued to get worse and worse and not one doctor or specialist could figure out what was wrong with me. A friend suggest I see a naturopathic doctor and that's when I found Dr. Harris. Dr. Harris was the first doctor to work to try to find the cause of my symptoms. He doesn't chase diagnosis's but rather the root of the cause. We did testing and found some things that have been causing my body to fall apart.

Since January we have been treating my cause and I can say that when I started seeing him, I was symptomatic every single day some days I couldn't even go to work. Now, over the past month, I only had 3 days that were "bad" and minor symptoms. I can see the progress we are making. I am so happy with my decision to visit. He has even worked with my treatment plan to get the costs into my budget. He is really trying to help and not just push supplements. We talk about diet and other lifestyle choices as well.

### **Carla Howard, Tahlequah OK**

Let me start by saying we underwent so many doctors, pediatricians and a myriad of other physicians with absolutely no results. It was very disheartening. Our son was diagnosed with severe autism and sensory processing disorder. He had so many underlining health concerns that no other physician could grasp it until we met Dr. Paul. We were told he would never speak, never do the things others could do. With Dr. Paul's help we have words today.

Our son, Nick, does speak and he is able to communicate more and more every day. He's able to eat a variety of foods now, is less sickly; the dark circles under his eyes have dissipated. I truly believe in the healthy-gut and healthy-body concept. If it wasn't for Dr. Paul's wonderful insight and treatment I don't know where we'd be. He's supportive, truly listens to your concerns and takes the steps in advising the right methods of remedies. Thank you so much for giving us hope again!

**Lisa Scavezze, Bixby OK**

Tulsa Natural Health Clinic has saved my daughter! When first seeing Dr Harris my daughter was chronically very sick with autoimmune issues, and more. We are FINALLY getting to the root of the problems! Not just putting a band-aid on the illness (traditional western medicine). She is off 3 of her medications and is feeling better than she has in months. My family truly believes in the homeopathic approach, as traditional medicine has only made my daughter worse for the past 10 years. Dr Harris is the most knowledgeable and dedicated doctor we have ever been to.

And trust me we have been to Many Dr.'s, even as far as the Cleveland Clinic. To have Dr Harris here in Tulsa is a blessing! His devotion to treating the root of the problem is above and beyond. He is never in a hurry and spends so much time educating us. Also want to mention his amazing staff. They are as kind and caring as Dr. Harris. Tulsa Natural Health Clinic has been lifesaving to our family! Thank you Dr. Harris and staff!

**Kristina Dean, Edmond OK**

My family and I are very grateful God brought Dr. Harris into our son's life. My son is 5 years old, has Down syndrome, and has struggled with GI issues, hypothyroidism, and a growth hormone deficiency. These things have affected his ability to make progress in development despite rigorous therapy programs. I felt like the GI issues were the root cause of the other issues we were experiencing, but struggled to find the help we needed in this area.

We researched continuously and received a lot of helpful information, but it just wasn't enough to get my son where he needed to be. He was becoming increasingly unhappy, we struggled to maintain healthy thyroid levels, and he went through a long period of time without any weight gain or growth. He lacked energy and the motivation to do his exercises. My son only became a patient of Dr. Harris last August and we have already noticed dramatic changes. His thyroid levels are now exactly where they need to be, he is gaining weight and growing, and is full of energy! I've also noticed a difference cognitively. Learning has always been his strength, but he is now talking a bunch more! He says new words, sentences, and phrases all the time! I believe these changes are due to Dr. Harris's incredible amount of knowledge and ability to treat the individual patient using accurate testing and supplements that the body can absorb. My family and I couldn't be more excited about his progress, and look forward to watching him continue to grow and reach his full potential.

**Darren Kernyansky, Owasso OK**

I was referred to Dr. Harris by my sister who had very good results with his treatment. I initially went to see him because of a skin issue. Dr Harris quickly pointed out that he believed that was a symptom of other issues and that we should look at blood test. He was correct and offered a treatment plan and within 30 days I saw significant improvements. After years of dealing with these issues I can see the end in sight. I highly recommend Tulsa Natural Health Clinic, they are friendly and very knowledgeable.

**Heidi Hill, Tulsa OK**

I'm so thankful I found Dr. Harris! I was so tired all the time and in so much pain. Regular Dr's weren't getting me the answers or help I needed. Dr. Harris spends adequate time with you and does thorough testing to get to the root cause. He doesn't just treat symptoms and slap a "Band-Aid" on your issue. I'm already getting so much better. I can feel an amazing difference in my overall health!

**Joe Builder, Tulsa OK**

Best place Ever! Tired of mainstream medicine? The search is over. If you have unique health needs that your docs can't seem to get to the bottom of, this is the place for you! Dr. Harris, of Tulsa Natural Health Clinic, offers compassionate care and draws from vast amounts of knowledge. He will help you overcome even the most difficult health problems.

**Stephanie Kernyansky, Owasso OK**

I have had "mystery" health issues for the last 27 years of my life. I have been to many doctors, and have been told that there was nothing wrong with me, and I've even been told that it might just be in my head. Dr. Harris was my last resort. He immediately had an idea of what I was dealing with when we went over my symptoms, and had ideas on how to help me. This place is a miracle, and Dr. Harris is a miracle worker! A little over a year of working with Tulsa Natural Health Clinic and I am almost 100%! 27 years of sickness is almost totally gone! I can't thank these wonderful people enough! You WILL find help here!

**John Olsen, Tulsa OK**

Tulsa Natural Health clinic has been a real blessing to our family. Dr. Harris is very thorough in testing and identifying the root issues that regular doctors have been unable to identify, misidentified, or have written off as hopeless cases. He also addresses all aspects of health with a variety of treatments targeted to work with your body to heal. Definitely recommend Dr. Harris especially when for those who have run through the gambit what the medical industry has to offer and not gotten better.

**Brenda Robinson, Enid OK**

Exceptional, caring and very supportive! Highly recommend if you are having any health issues. My friend said she learned more from a one hour visit here than she had in 20 years from her Dr.!

**Terry Lynn Henderson, Durant OK**

Since I first contacted Dr. Paul Harris to help me with some health issues a few years ago after he spoke at our church, he has been nothing but helpful. I was frustrated with regular medical doctors and wanted to pursue a more natural holistic form of treatment. Dr Paul has helped me in so many ways, and, I am proud to list him as my primary care doctor when asked. Thank you Dr. Paul, and thank you TNHC for getting me back on the road to taking my health back to how God designed us to be.

