

Austin Davis - Tulsa OK - ★★★★★

Dr. Paul and his team are incredible. I am a difficult case and Dr. Paul has been able to identify my health struggles and treat them accordingly. It feels amazing to have a doctor finally identify my undiagnosed struggles and actively treat them. You will not regret going forward with Dr Paul and his services.

Rachael Wright – Tulsa OK - ★★★★★

I was diagnosed with an enhanced physiological tremor and saw many doctors and specialists for 7 years and then I found Dr. Paul. He gave me insight and hope. My symptoms are improving. I am thinking clearer, sleeping great and shaking less!

Jennifer Burson - ★★★★★

Dr. Harris and his staff are all very welcoming and kind. They are also quick to respond to questions and concerns. I have experienced digestive issues for quite some time and after seeing Dr. Harris I am finally experiencing what feels to be a healthy gut. He took time to familiarize himself with my symptoms and history and then took the time to explain what is going on inside my body. I never felt rushed. I'm grateful for his recommendations and I would recommend him to anyone who is struggling with their health.

Jillian Schillaci – Tulsa OK - ★★★★★

Dr. Harris gets to the source of your health issues. He has tests (that are not used through traditional medicine) to determine the root cause of your problems. He even uses DNA test information to help uncover what genetically may be causing whatever you are dealing with. Once we found my hormonal and gut issues, we started fixing them through supplements. I now have significantly more energy, I have eliminated my migraine medication, and am overall a much healthier version of myself!

Howard Geis - OK - ★★★★★

Re: Review of my experience with Dr. Paul Harris in dealing with my health condition

I first met with Dr. Harris in September of 2018. I was having extreme stomach, colon, and digestion issues along with 'leaky gut' syndrome. After going through a long series of tests, Dr. Harris prescribed a protocol of supplements in addition to completely changing my diet. After about 8 weeks, I began to feel better and the pain and constipation along with the irritable bowel syndrome that I was experiencing, began to get better.

After about 4 months with regular consultations with Dr. Harris, I was significantly better. Dr. Harris continued to monitor my condition and change the supplements along with dietary changes that were needed to help me on the road

to feeling better. At this point, I have no more pain and feel really good. It has been amazing how much Dr. Harris has helped me and has diagnosed my condition with great accuracy. I am thankful for Dr. Harris as he has helped immensely in addressing my condition. I know I still have a ways to go, but I have come so far and for that I so thankful for the Tulsa Natural Health Clinic and Dr. Harris for the wonderful way they have helped me.

Antoon Clinic – Mandy Antoon: Stamps Ark - ★★★★★

I would describe Dr. Paul Harris at TNHC as an outstanding God Send. I personally feel that he has more than once literally saved my life with his extreme knowledge of his profession, his faith, his compassion, and non-ending persistence to diagnose and treat my issues. I have complete faith and trust in him and would with great enthusiasm recommend him to any and all.

Jacqueline Barrett – Bixby OK - ★★★★★

Dr. Harris is very knowledgeable and takes his time during a visit. He is thorough and knows how stuff.

Janet Pierce – Tulsa OK - ★★★★★

When I came to Dr. Harris in November 2017, my face was scaling and peeling with no relief in sight. I had tests done and then Dr. Harris started working with me to get rid of the inflammation in my body. It is now April and I am sleeping better, almost symptom free and my face is cleared up. I can't wait to come to the end of my treatment and feel even better. Thank you for helping me gain my health back.

Pat Barker - ★★★★★

Dr. Harris and Tulsa Natural Health Clinic was recommended to me by my daughter and Son-in-Law. When I visited Tulsa back in June I had a consultation with Dr. Harris. He recommended certain supplements for me after I told him all the physical issues I was experiencing. I've been on them for a month, now, and I'm amazed at at how much improvement I've experienced in such a short time.

My energy level is SO high, I have very little low blood sugar "feelings" . My main concern was my memory issue. I now have clearer thinking and less forgetfulness, thank the Lord!

Dr. Harris is so knowledgeable and affective in his recommendations for how to heal our bodies from the cell level up without using drugs. This is a real draw for me. I am so grateful, and I highly recommend Tulsa Natural Health Clinic.

Dora Martindale OK - ★★★★★

Dr Harris and his staff are amazing!

Seni Mooney-Boyd – Broken Arrow OK - ★★★★★

I visited Tulsa Natural Health Clinic yesterday and I hadn't been there to see my favorite Dr. since March. I had a pleasant experience with Karen who is new to the office. Very professional, thorough and made me feel very comfortable. I have always gotten the help I need from Dr Paul who is irreplaceable in my mind, for isolating the "root" problems for symptoms that are baffling to my Conventional primary doctor.

I have been seeing Dr Paul for over 10 years and he never fails to amaze me. What I appreciate the most is his willingness to work with me with care and understanding especially when facing financial challenges and doubt. I have had a tremendous turnaround with personal health challenges by implementing protocols that I didn't always understand but have proved to be very effective. Tulsa Natural Health Clinic is and will continue to be a huge Blessing in my life. I highly recommend Dr Paul Harris and his expertise. I as his patient have followed his lead and will continue to seek his knowledge in attaining overall health.

Lena Trotter - ★★★★★

Dr Harris is very informative and patient and kind. I highly recommend his services for a more natural approach to whatever ails you. I believe he is a God send.

Keesha Doss - ★★★★★

Reasons why I like Dr. Harris and his methodology, in no particular order:

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- 1) He spends TIME with me as a patient, listens to my many questions and answers them thoroughly. (I've been to plenty of places that didn't!) You can tell he TRULY cares.
- 2) He is all about finding the ROOT CAUSE quickly, efficiently and accurately.
- 3) He helps me prioritize what needs to happen next on my "To Do" list, whether it be a test, a life change or a supplement.
- 4) He specializes in "tough cases". I'm thankful for this because I have been a "tough case" all my life, seeing many specialists with little to no results.
- 5) He looks at the "whole person". I'm not a "thyroid" walking through his doors; I am a person. He sees the big picture and puts together what's happening in my body overall.
- 6) He and my PCP are BOTH on my health team. They BOTH want me well. They aren't in a "competition" or a "blame game".
- 7) He seeks to educate and inform and he enjoys sharing his helpful knowledge. He truly enjoys his work. I wouldn't want to put my health in the hands of someone who hated to research!
- 8) If he does recommend supplements, you can usually go home with them that day. He doesn't send you home with a list to go "find on Amazon". He intensely researches supplements to make sure they are of the highest quality and don't cause more troubles in the long run. I like that.
- 9) He gets results. 42 years of experience probably play into that a bit, but hey - it works. :-)

10) He's at the top of what he does. He has lectured to physicians in the U.S., Europe, South America, and Australia on how to integrate natural medicine into a traditional medical practice. Again, he's not sitting around playing a "blame game", he's actively participating in being part of the *solution*. [This is my honest opinion and I was not reimbursed in any form for this review. I realize it doesn't contain much criticism, but I honestly don't have any. I have been to several alternative healthcare providers, so I feel I'm somewhat qualified to "vote". Dr. Harris and the Tulsa Natural Health clinic staff are great.]

Darren Kernyansky – Tulsa OK - ★★★★★

I was referred to Dr. Harris by my sister who had very good results with his treatment. I initially went to see him because of a skin issue. Dr Harris quickly pointed out that he believed that was a symptom of other issues and that we should look at blood test. He was correct and offered a treatment plan and within 30 days I saw significant improvements. After years of dealing with these issues I can see the end in sight. I highly recommend Tulsa Natural Health Clinic; they are friendly and very knowledgeable.

Carla Howard - ★★★★★

I have a son who has severe autism, he was diagnosed when he was three and half years old. He had no communication skills whatsoever, no eye contact, and extremely hyper. I have been working with Dr. Paul for awhile now, and I have to say he's been amazing with us. We have talked about and implemented several different types of treatments for my son. Today, my son talks to me, helps with preparing our meals together and even smiles! We have come such a long way since seeing Dr. Paul!

A recent test was done for my son, and Dr. Paul went carefully over the test results with me and devised a plan in helping him. It's truly wonderful to work with someone who listens to your concerns and wants to understand the underlying causes, instead of just applying a band-aid over an issue. I look forward in having a happy, healthy son, who can tell me how he's feeling, and hear his laughter and count each and every smile. I'm not alone in this autism world and I am so thankful that we have Dr. Paul and his staff.

Lisa Scavezze OK - ★★★★★

Tulsa Natural Health Clinic has saved my daughter! When first seeing Dr Harris my daughter was chronically very sick with autoimmune issues, and more. We are FINALLY getting to the root of the problems! Not just putting a band-aid on the illness (traditional western medicine). She is off 3 of her medications and is feeling better than she has in months.

My family truly believes in the homeopathic approach, as traditional medicine has only made my daughter worse for the past 10 years. Dr Harris is the most knowledgeable and dedicated doctor we have ever been to. And trust me we have been to Many Dr.'s, even as far as the Cleveland Clinic. To have Dr Harris here in Tulsa is a blessing! His devotion to treating the root of the problem is above and beyond. He is never in a hurry and spends so much time educating us. Also want to mention his amazing

staff. They are as kind and caring as Dr. Harris. Tulsa Natural Health Clinic has been life saving to our family! Thank you Dr. Harris and staff!

Julie VanDeburgh - ★★★★★

Dr. Harris knows much that conventional medicine does not. He is able to help when other doctors cannot. My husband has genetic early onset ALZHEIMER'S DISEASE. He is 58 years old. When the symptoms became more apparent, DR. HARRIS WAS OUR FIRST APPOINTMENT! My husband has fully implemented a diet change and nutraceutical protocol as outlined by Dr. Harris AND HIS SYMPTOMS ARE ABATING. My husband's concentration, focus and memory are gradually returning to their former state. His occupation is becoming a joy to him again.

He is coming back up from the ashes. I thank God for this tremendous blessing, and DR. HARRIS FOR DIRECTING THE PROPER CARE. My husband's neurologist offered nothing to help turn back this awful disease. Dr. Harris held out hope for health, happiness and a future. My husband is living proof. If you or a loved one are suffering with Alzheimer's Disease, wait no longer and don't lose hope. Dr. Harris can help.

Kristina Dean – Edmond OK - ★★★★★

My family and I are very grateful God brought Dr. Harris into our son's life. My son is 5 years old, has Down Syndrome, and has struggled with GI issues, hypothyroidism, and a growth hormone deficiency. These things have effected his ability to make progress in development despite rigorous therapy programs. I felt like the GI issues were the root cause of the other issues we were experiencing, but struggled to find the help we needed in this area. We researched continuously and received a lot of helpful information, but it just wasn't enough to get my son where he needed to be.

He was becoming increasingly unhappy, we struggled to maintain healthy thyroid levels, and he went through a long period of time without any weight gain or growth. He lacked energy and the motivation to do his exercises. My son only became a patient of Dr. Harris last August and we have already noticed dramatic changes. His thyroid levels are now exactly where they need to be, he is gaining weight and growing, and is full of energy! I've also noticed a difference cognitively. Learning has always been his strength, but he is now talking a bunch more! He says new words, sentences, and phrases all the time! I believe these changes are due to Dr. Harris's incredible amount of knowledge and ability to treat the individual patient using accurate testing and supplements that the body can absorb. My family and I couldn't be more excited about his progress, and look forward to watching him continue to grow and reach his full potential.

Heather Pfeifer - ★★★★★

Finally getting answers here after years of searching! Dr. Harris is a fantastic listener and is concerned with healing- not just masking symptoms. So glad I found this office!!

Joe Builder – Tulsa OK - ★★★★★

Best. Place. Ever! Tired of mainstream medicine? The search is over. If you have unique health needs that your docs can't seem to get to the bottom of, this is the place for you! Dr. Harris, of Tulsa Natural Health Clinic, offers compassionate care and draws from vast amounts of knowledge. He will help you overcome even the most difficult health problems.

Jessica Fletcher - ★★★★★

In August of 2016, I had gotten terribly sick. I continued to get worse and worse and not one doctor or specialist could figure out what was wrong with me. A friend suggest I see a naturopathic doctor and that's when I found Dr. Harris. Dr. Harris was the first doctor to work to try to find the cause of my symptoms. He doesn't chase diagnoses but rather the root of the cause. We did testing and found some things that have been causing my body to fall apart. Since January we have been treating my cause and I can say that when I started seeing him, I was symptomatic every single day some days I couldn't even go to work. Now, over the past month, I only had 3 days that were "bad" and minor symptoms. I can see the progress we are making.

I am so happy with my decision to visit. He has even worked with my treatment plan to get the costs into my budget. He is really trying to help and not just push supplements. We talk about diet and other lifestyle choices as well.

John Olsen – Tulsa OK - ★★★★★

Tulsa Natural Health clinic has been a real blessing to our family. Dr. Harris is very thorough in testing and identifying the root issues that regular doctors have been unable to identify, misidentified, or have written off as hopeless cases. He also addresses all aspects of health with a variety of treatments targeted to work with your body to heal. Definitely recommend Dr. Harris especially when for those who have run through the gambit what the medical industry has to offer and not gotten better.

Stephanie Kernyansky, Owasso OK - ★★★★★

I have had "mystery" health issues for the last 27 years of my life. I have been to many doctors, and have been told that there was nothing wrong with me, and I've even been told that it might just be in my head. Dr. Harris was my last resort. He immediately had an idea of what I was dealing with when we went over my symptoms and had ideas on how to help me. This place is a miracle, and Dr. Harris is a miracle worker! A little over a year of working with Tulsa Natural Health Clinic, and I am almost 100%! 27 years of sickness is almost totally gone! I can't thank these wonderful people enough! You WILL find help here!

Brenda Robinson – Enid OK - ★★★★★

Exceptional, caring and very supportive! Highly recommend if you are having any health issues. My friend said she learned more from a one hour visit here than she had in 20 years from her Dr.!

Terry Lynn Henderson – Durant OK - ★★★★★

Since I first contacted Dr. Paul Harris to help me with some health issues a few years ago after he spoke at our church, he has been nothing but helpful. I was frustrated with regular medical doctors and wanted to pursue a more natural holistic form of treatment. Dr Paul has helped me in so many ways, and, I am proud to list him as my primary care doctor when asked. Thank you Dr. Paul, and thank you TNHC for getting me back on the road to taking my health back to how God designed us to be.

Darren Kernyansky – Tulsa OK - ★★★★★

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